

Lively

POSITION DESCRIPTION

Lively Helper

POSITION TITLE	Lively Helper
EMPLOYMENT TYPE	Casual
KEY CONTACT	Robin Parkin, Helper Coordinator

About Lively

- [Lively](#) is a not-for-profit organisation that trains and employs young people (aged 18–25) to work with older people (aged 65+) and support them to be happy and healthy.
- We match our Helpers with an older person to work with and develop a relationship with. We believe that young people and older people have a lot to learn from each other.
- Lively is trying to improve Australia's aged care system by creating a new way for younger people to participate in it.
- We are a small organisation with 5 part-time staff and 30 casual employees.
- We welcome and embrace diversity of ethnicity, sexuality, gender, and ability and encourage all to apply with us. If you join the Lively team, we will celebrate all the things that make you, you!
- We are a warm and friendly team, and we work hard to take care of each other. We will do the same for you when you come on board!

The Position

As a **Lively Helper**, your role is to:

- Be a friend and supporter to one or more older people (Lively's "members"). You are like "a younger friend who comes around to help."
- Help them with a range of practical activities, specifically:
 - Technology help: helping members to use devices such as iPhone, laptop, tablet.
 - Social gardening: working with the older person in the garden.
 - Cleaning & Laundry: helping the older person keep their house clean and tidy.
 - Transport: driving them to appointments, to social events, or even just to the park to have a picnic!

- Manage your own schedule and organise sessions with your members.
- Attend monthly meetings with a team of Helpers in your area.
- Reply to emails and other communication from Lively HQ.
- Provide feedback on your experience while working at Lively so we can keep improving the way we do things.

About You

To be a Lively Helper, **you don't need to have previous experience**. You will receive training and support from the Lively team to equip you for this role. However, you must have a big heart, and be:

- Between 18-25 years of age and currently looking for work.
- Friendly and enthusiastic.
- Patient, understanding and able to communicate well with older people.
- Well-presented, polite and respectful of older community members.
- Reliable, punctual and consistent with the help you provide to older people.
- Flexible and able to adapt what you are doing to respond to things your clients say or ask of you.
- Good at managing your time.
- Interested in supporting and learning about older people.
- Ready to learn and grow your skills in practical support and interpersonal communication.
- Preferably, equipped with a **driver's licence and with access to a safe, roadworthy car**
- Happy to travel a little outside your local area occasionally to reach Members.

What You'll Gain

- Meaningful work that builds your personal and professional skills.
- The opportunity to learn from and develop relationships with older people.
- The opportunity to work with a progressive, caring organisation making change.
- The chance to contribute your ideas; Lively is still figuring out how we want to do things!
- References to support future jobs.

Wages

- You will be paid in accordance with the Social, Community, Home Care and Disability Services Award.
- The casual position is \$32.55/h, which includes the extra 25% casual loading. We pay the appropriate penalty rates, superannuation and allowances.
- You will be paid for all the training you receive.

Apply

To apply, please complete your written application at www.lively.org.au/work-with-us. We accept new Helpers every two months.

For questions, please contact our friendly Hiring Team at hiring@lively.org.au.